

# Allergen Guide



NOTIFY YOUR SERVER IF ANYONE IN YOUR PARTY HAS ALLERGIES. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. WE CANNOT GUARANTEE THAT ANY MENU ITEM WILL BE COMPLETELY FREE OF ALLERGENS.

Menu Item	Category	Gluten Free	Keto Friendly	Nut Free	Dairy Free	Vegetarian	Vegan	Egg Free
Baked Ziti Alfredo	Pasta Bar			X		X		X
Baked Ziti w/ Marinara and Meatballs	Pasta Bar			X				X
Cheese Tortellini w/ Tomato Alfredo	Pasta Bar			X				X
Jake's Bacon Macaroni and Cheese	Pasta Bar			X		X		X
Jake's Macaroni & Cheese	Pasta Bar			X				X
Seasonal Garden Vegetable Pasta	Pasta Bar	X		X				X
Seasonal Sautéed Vegetables	Pasta Bar	X		X	X	X	X	X
Chocolate Chip Cookies	Desserts					X		
Oatmeal Raisin Cookies	Desserts					X		
Rice Crispy Treats	Desserts			X		X		X
Unicorn Tacos	Desserts			X		X		X
Ice Cream w/ Variety of Toppings	Desserts							X
Seasonal Fruit Crisp	Desserts			X		X		X
Banana & Vanilla Bean Bread Pudding	Desserts			X		X		
Baked Potato Chowder	Soups	X		X				X
Classic Chicken Noodle	Soups			X	X			X
Cream of Roasted Garden Tomato	Soups	X	X	X		X		X
Broccoli Cheddar	Soups	X	X	X		X		X
Italian Style Minestrone	Soups	X	X	X	X	X	X	X
Chicken and Lime Tortilla	Soups			X				X
Garden Vegetable	Soups	X	X	X	X	X	X	X
Three Bean Texas Chili	Soups		X	X	X	X		X
Steakhouse Spiced Chili	Soups		X	X	X			X
Fire Roasted Chicken Corn Chowder	Soups	X		X				X
Baked Potatoes	Baked Potato Bar	X		X	X	X	X	X
Shredded Cheddar Cheese	Baked Potato Bar	X	X	X		X		X
Bacon Bits	Baked Potato Bar	X	X	X	X			X
Sour Cream	Baked Potato Bar	X	X	X		X		X
Whipped Butter	Baked Potato Bar	X	X	X		X		X
Chives	Baked Potato Bar	X	X	X	X	X	X	X
Baby Spinach	Salad Bar	X	X	X	X	X	X	X
Beans-Black	Salad Bar		X	X	X	X	X	X
Beans-Garbanzo	Salad Bar		X	X	X	X	X	X
Beans-Kidney	Salad Bar		X	X	X	X	X	X
Bell Pepper	Salad Bar	X	X	X	X	X	X	X
Black Olives	Salad Bar		X	X	X	X	X	X
Broccoli	Salad Bar	X	X	X	X	X	X	X
Cauliflower	Salad Bar	X	X	X	X	X	X	X
Celery	Salad Bar	X	X	X	X	X	X	X
Cheese- Blue Crumbles	Salad Bar	X	X	X	X	X		X
Cheese-Mozzarella	Salad Bar	X	X	X	X	X		X
Cherry Tomatoes	Salad Bar	X	X	X	X	X	X	X
Chopped American Iceberg Blend	Salad Bar	X	X	X	X	X	X	X
Chopped Romaine Lettuce	Salad Bar	X	X	X	X	X	X	X
Dill Pickles	Salad Bar	X	X	X	X	X	X	X
Dressing-Balsamic Vinaigrette	Salad Bar		X	X	X	X	X	X
Dressing-Blue Cheese	Salad Bar		X	X		X		
Dressing-Fat Free Italian Vinaigrette	Salad Bar	X	X	X	X	X	X	X
Dressing-Fat Free Ranch	Salad Bar		X	X		X		X
Dressing-Garlic Caesar	Salad Bar		X	X		X		
Dressing-Honey Mustard	Salad Bar	X	X	X		X		
Dressing-Italian Vinaigrette	Salad Bar	X	X	X	X	X	X	X
Dressing-Ranch	Salad Bar		X	X		X		
Dressing-Red Wine Vinaigrette	Salad Bar	X	X	X	X	X	X	X
Dressing-Thousand Island	Salad Bar		X	X		X		
Egg Salad	Salad Bar		X	X				
Garlic Croutons	Salad Bar			X	X	X	X	
Green Bell Peppers	Salad Bar	X	X	X	X	X	X	X
Hard Boiled Eggs	Salad Bar	X	X	X				
Homestyle Potato Salad	Salad Bar		X	X				
Italian Style Pasta Salad	Salad Bar			X	X			X
Jalapeno Peppers	Salad Bar	X	X	X	X	X	X	X
Mixed Fruit Cocktail	Salad Bar	X		X	X	X	X	X
Mushrooms	Salad Bar	X	X	X	X	X	X	X
Peaches	Salad Bar	X		X	X	X	X	X
Peas	Salad Bar	X	X	X	X	X	X	X
Pepperoncini	Salad Bar	X	X	X	X	X	X	X
Pepperoni	Salad Bar	X	X	X	X			X
Pineapple	Salad Bar	X		X	X	X	X	X
Red Cabbage	Salad Bar	X	X	X	X	X	X	X
Red Onions	Salad Bar	X	X	X	X	X	X	X
Roasted Chicken Salad	Salad Bar	X	X	X				X
Roasted Corn	Salad Bar	X		X	X	X	X	X
Shredded Carrots	Salad Bar	X		X	X	X	X	X
Sliced Cucumber	Salad Bar	X	X	X	X	X	X	X
Spring Mix Lettuce	Salad Bar	X	X	X	X	X	X	X
Sunflower Seeds	Salad Bar	X	X	X	X	X	X	X
Cheese Pizza	Pizzas	X	X	X		X		X
Pepperoni Pizza	Pizzas			X				X
Sausage and Cheese Pizza	Pizzas			X				X
Supreme Pizza	Pizzas			X				X
Hawaiian Pizza	Pizzas			X				X
Buffalo Chicken Pizza	Pizzas			X				X
Pepperoni and Jalapeno Pizza	Pizzas			X				X
Baked Potato Pizza	Pizzas			X				X
Garden Supreme Pizza	Pizzas			X		X		X
Cauliflower and Spinach Pizza	Pizzas	X	X	X		X		X
Meat Lovers Pizza	Pizzas			X				X
Roasted Chicken and Artichoke Pizza	Pizzas			X				X
BBQ Chicken Pizza	Pizzas							
Chicken Bacon Ranch Pizza	Pizzas							
Margherita Pizza	Pizzas	X	X	X		X		X
Bone-in Buffalo Wings	Ala Carte	X	X	X	X			X
Boneless Chicken Wings	Ala Carte			X				
Potato Skins	Ala Carte	X	X	X				X
Mile High Nachos	Ala Carte			X		X		X
Crispy Chicken Wrap	Ala Carte			X				
Giant Beer Battered Onion Rings	Ala Carte			X		X		
Mozzarella Wedges	Ala Carte			X		X		
Grilled Chicken Quesadilla	Ala Carte			X				X